

KILNINFORD NEWS

Issue 58

Summer 2017



Late 1960s Loch na Cille, Kilmelford

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The Kilninford News is governed by the Constitution of the 'Kilninford Association 2015'.
Contact any member of the Kilninford News team for more information

Contributions to the Kilninford News

Contributions can be emailed or posted in our Kilninford Letterbox inside the Village Shop. Obviously we would like everybody to keep in mind that our newsletter is potentially read by all ages.

Deadline for contributions for the CHRISTMAS EDITION is 4th November

Please send contributions and adverts to Astrid or Iain (editors)
or use our Kilninford News letter box INSIDE the Kilmelford Village Shop.

For comments / questions with regards to distribution, please contact Gill

Your local KN contacts are:

- Gill Philpotts gill@thephilpotts.me.uk
- Iain Bark barkee@live.com
- Jane Rentoul j.rentoul@btinternet.com
- Astrid van der Kraan astrid@glenbeg-it.co.uk
- Mark van der Kraan
Glenbeg, Kilmelford

Current advertising rates:

| | |
|--|-----------|
| full page | £25 |
| ½ page | £12.50 |
| ¼ page | £7 |
| outside back cover | £30 |
| B&B and self catering adverts | £2 |

| Issue # | Edition | Deadline for contributions: | Estimated distribution: |
|---------|-----------|-----------------------------|-------------------------|
| 59 | Christmas | 04/11/17 | end of November |

Kilninford News online

The digital form of the Kilninford News gets uploaded to the local website for all to read. This digital edition might contain more pictures / photos compared to the paper copy, as some pictures don't print well in black on white. Alex Tweedly, Iain Bark and Astrid + Mark van der Kraan try to keep the local website updated with any information / event they are made aware of. www.kilmelford.com

Kilninford News AGM: Tuesday 28th November, 8 pm at Kilmelford Village Hall

The AGM will be held in the small hall. All welcome.

The Local Telephone Directory will be out in September 2017

Please contact Iain Bark or Georgina Dalton with any changes for this new edition.

The Local Directory is for sale at £1 a copy at Kilmelford Village Shop or by contacting Georgina Dalton.

Georgina: 01866 844212 Iain: barkee@live.com

THANK YOU

In February, Fiona Wyllie sent the following contribution for inclusion in the March issue, but unfortunately the current editors didn't receive it in time. Our apologies for this mishap.

The KN team

"I don't know whether Toni (Mitchell) has been thanked publicly for all her hard work during the many years that she served on the Village Hall Committee. In case not, a huge thank you Toni for the countless hours of time that you gave and for the thousands of pounds that you raised for the improvement of the Village Hall. It wouldn't be the hall that it is, and that so many of us enjoy, if it weren't for your efforts."

Fiona Wyllie

Kilmelford thanks.....

At the June meeting of the Community Council it was placed on record everybody's appreciation of the effort put in at Kilmelford by Colin and Cameron Carmichael, Ian & Gordon MacKinnon, Rory Campbell-Gibson, Colin Gibson and Duncan Macmillan in keeping the verges cut and neat, by Sheena Hammick for the colourful planted tubs and by Colin Clark for re-aligning and repairing grass and edging caused by lorry manoeuvring at the entrance to village hall car park. The community's thanks are extended to all concerned who give up their time to keep Kilmelford looking great.

The Kilninford News team would like to thank:

Melfort Village and especially the ladies at reception, for printing the Kilninford News. Your generous help is much appreciated!

And **Hester Ross** for judging the entries for the writing competition we launched in the Easter issue.

WHAT IS ON IN AND AROUND KILMELFORD AND KILNINVER

- 12th - 20th August:** Big Ass Garage Sale, Craignish Village Hall, Ardfern, from 10 am
- 12th August:** Mid Argyll Show, Kilmory, Lochgilphead
- 24th August:** Oban Games / Argyllshire Gathering, Mossfield Park, Oban
- 25th August:** Family Fun Night at Kilmelford Village Hall, 7pm - 9pm
- 1st - 3rd September:** Mid Argyll Music and Art Festival at Ardrishaig Public Hall
- 24th September:** World stone skimming championships, Easdale Island
- 4th October:** Parish lunch & produce sale, Village Hall, 12pm – 2.30pm
- 7th October:** Quiz and Curry Night at Kilmelford Village Hall, 7.30pm
- 8th October:** Community Celebration, Kilmelford Church, 5pm
- 24th November:** St. Andrew's Tartan Hop, ceilidh dance, Village Hall

Music Night: Mondays from 8.45 pm at The Shower of Herring

All welcome to come and join in, free entry. Musicians – bring along your instruments.
Food served till 10.30 pm.

Yoga Class: Tuesdays 6.30 – 7.45 pm at Kilmelford Village Hall Restarts Tuesday 5th September

Open class, all welcome. Please bring a yoga mat if you have one and a warm blanket.

Drop-in £8 or 6 classes £45 Karen offers private 1:2:1 sessions during July and August as normal.

Contact Karen: 07793653080 or isleyoga@gmail.com www.isleyoga.net

'Crafts and Things': Wednesdays 10 am – 12 noon, restart 6th September

For anyone interested in embroidery, tapestry, sewing, knitting, crochet and other similar crafts, meetings are in the Kilmelford Village Hall. £2.00 per person for each session.

Contact: Toni Mitchell 01852 316151 or Olga Salmond 01852 200787

Mothers and toddlers Playgroup: Wednesdays 1.30 -3 pm at Kilmelford Village Hall

All preschool, babies and bumps welcome. We get to have a chat and a cuppa while the kids play or do crafts. It would be great to see more parents / grandparents and their little ones. Holidaymakers are also more than welcome, it's a great way to spend a rainy Wednesday afternoon. We look forward to seeing you there. **Contact: Ann af_robbs@hotmail.co.uk or Georgina 01866 844212**

Gin & Whisky Tasting: Wednesdays 6.30 – 7.30 pm at The Shower of Herring

Come along and try gins in a completely different way, or try whiskies with a professional.

Olwen and Fergus will tell you about the history and methods. £14 per person.

Please book through Melfort Village: 01852 200257

Melfort Ukuleles: Wednesday evenings at Craignish Village Hall

Beginners/Slow Session 6.50 – 7.25pm. Children welcome (free) when accompanied by paying adult (3 children max per adult). **Main Session: 7.30-9.00pm** Followed by refreshments. Spare ukuleles available to borrow. £4/person £6/couple.

New session starts Wednesday 14th August. Melfort Ukuleles will be playing at the Mid Argyll Music and Arts Festival in Ardrishaig on Sunday 3rd September from 1-2 p.m.

Contact: Sarah Whittle 01852 500790 or email sarah@musicforlife.info

The Healthy Villages Project: 3rd Thursday each month in **Kilmelford Village Hall**, from **10.30am – 12.00 noon**. For more information please **contact Mairi Fleck: 01631 564422**

Art Group: Thursdays

The group meets **weekly on Thursdays** from 2 pm – 4.30 pm in the Kilmelford Village Hall (small hall). All welcome. £2 per session. Contact: **Agnes McColl: 01852 200365**

Country Dancing: Thursday 8 pm – 10 pm at the Kilmelford Village Hall. Restarts in September.

All welcome. You can come and join us at any time.

Contact: Bob Fleck Tel.: 01852 200258 E-mail: rfleck@btinternet.com

Bagpipe Sessions: Thursday from 8pm at The Cuilfail Hotel

Come and play – or just listen!

Music Nights: Friday

All welcome to come and join in. Musicians, bring along your instruments.

Every 1st and 3rd Friday of the month, from 9.30 pm at **Loch Melfort Hotel Tel.: 01852 200233**

Coffee Mornings:

Everybody invited to come and enjoy the delicious home baking. Proceeds in aid of Kilmelford Village Hall and Church. Bring & buy bookstall, local jam & garden produce, 100 Club draw. Helpers and offers of baking are very welcome, please contact either Diane or Melissa.

Coffee Mornings are held at the **Kilmelford Village Hall, 10.30 am – noon** on:

Thursday: 3rd August, 7th September

If you would like to help with the baking, please contact: **Diane Scaife 01852 200208**

Thursday: 2nd November, 7th December

Offers of help and baking are much appreciated! Please contact **Melissa Oats on 01852 200314**

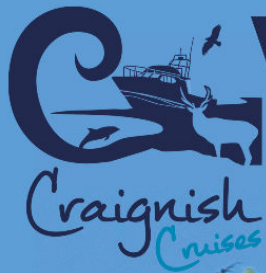
Annual Parish Lunch & produce sale: Wednesday 4th October, 12 noon – 2.30 pm at Village Hall

Everyone welcome to come along. A chance to meet up with friends and neighbours, folk working locally and visitors. On offer is home-made soup with vegetarian and gluten-free option, superb selection of the famous filled rolls, tea and coffee, shortbread and biscuits. The plant stall always has a fine selection and there will be plenty of jams and chutneys and home baking to buy and take away. The newly updated Local Telephone Directory for Kilninver and Kilmelford will be on sale and the £1 charge per copy will be donated to the church for any bought that day. In aid of Church funds.

CRAIGNISH VILLAGE HALL

For regular events such as Coffee Mornings, “Keep Fit” and “Knit and Natter” please check their website: www.craignish.org.uk/cvh or their Facebook page.

E-mail: cvhartsevents@gmail.com Tel.: 01852 500746



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UPCOMING EVENTS AT KILMELFORD VILLAGE HALL

Family Fun Night 25th August, 7pm - 9pm

A fun night out for the whole family, all welcome to come and join in!
Posters with more details will follow soon.

Saturday 7th October: The famous Quiz and Curry Night

Kilmelford & Kilniver Village Hall, 7.30 pm. Licensed bar. Details nearer the time.

St Andrew's Tartan Hop / Ceilidh, 24th November

Posters with more information will be up nearer the time.

Annual Parish Lunch & produce sale: 4th October, 12 noon – 2.30 pm

Kilmelford's Got Talent 2018

As the Kilmelford's Got Talent Show earlier this year was such a great success, it has been decided to make this an annual fund raising event. Kilmelford's Got Talent 2018 will take place in January in the Kilmelford Village Hall. The exact date will be announced later in the year. Let's make it another brilliant evening, with even more contestants, more acts and a bigger audience! **All wannabe stars in our area, start practising and show your talent!**

* * * * *

Beach Clean

The Grab Trust has sent the village hall a cheque for £700 for the Beach Clean that took place earlier in the year. A big thank you to everybody who helped with picking litter off the shore of Loch Melfort and taking it to the collection point at the village hall. Your help is much appreciated.
The money raised will go towards the village hall funds.

Table Top Sale

The tabletop sale in the Kilmelford village hall in April raised £380 for hall funds. We would like to thank all who decided to have a go at trying to sell items from their lofts / sheds / cupboards etc. and hopefully you managed to make money on the day. Also a big thank you for all who provided baking and helped in the kitchen selling coffee / tea and food. We could not have done without your help! Of course a huge thanks to all who came for a rummage among the different stalls, buying here and there and giving the place a buzz.

Village Hall Committee

GREAT DAYS OUT FOR THE WHOLE FAMILY

12th - 20th August: Big Ass Garage Sale at Craignish Village Hall, Ardfern

Got excess stuff? Sell it? Donate it? Buy more!

Drop off from 10 am 9th - 11th August. Buy from 10 am 12th - 20th August.

We want your stuff! Donate. Sell *. Buy.

* Selling? Save time and get your Submission Form from Ardfern Village Stores or download from craignish.org.uk where you will find more information.

Please price items to include the 20% commission for Craignish Hall.

12th August: Mid Argyll Show at Kilmory, Lochgilphead

The Mid-Argyll Agricultural Show is a major event held annually on the second Saturday in August. Hundreds of exhibitors enter competitions in Baking, Produce, Crafts, Flowers and Vegetables as well as the Dog and Livestock classes.

A large crowd of spectators enjoy an excellent Show watching the judging of **Cattle, Sheep, Dogs, Horses, Ponies and Poultry** competitions. Other regular attractions are the display of vintage tractors and the delightful Pets section continue together with the Terrier Racing competitions. Also on the day there will be the digger challenge where the winner will receive a cash prize.

After the success of last year's Gun Dog Scurry this competition will once again take place from 11am onwards. Entries taken on the day and open to all breeds.

A major attraction at this year's show will be Ewan MacInnes and colleagues with four sets of coach and horses. Judging of **Clydesdale Horses, Highland Cattle and Dog classes and various other Horse Classes**. At approx 3.00pm **Judging of Supreme Champion**

The many **Trade Stands** give an opportunity to browse and buy everything from crafts, clothing, toys and produce to agricultural machinery and equipment. Children's competitions plus many roundabouts and bouncy castles, trampolines, climbing wall etc. ensure that families enjoy a great day out.

The system of using the School car park and free shuttle buses taking people from Lochgilphead Front Street up into the show ground, via the school car park will operate again as it proved popular.

No Class Entry Fees will be payable this year. A Field entry fee per person is payable as follows: Adults: £7.00, Concession & Children (5-15): £3.00, Under 5s: FREE

Home Industries: baking, dairy & preserves, flowers, vegetables, handicrafts, walking sticks and crooks. Also children's sections in different age groups. For more info and the Home Industries Schedule + entry forms: www.mid-argyllshow.co.uk

24th August: Oban Games / Argyllshire Gathering at Mossfield Park, Oban

Every year, on the fourth Thursday in August, the people of Argyll gather with family and friends in Oban to celebrate the skill, strength and endurance of the Highlander.

As one of Scotland's premier Highland Games, world-class challengers from across the globe flock to Oban to do battle. You'll see heavyweights with the caber, stone or hammer and lighter athletes on the track, field and hill. Amid the emotive skirl of the pipes and the flash of clan colours on kilts, the rich history and traditions of this noble people is told in Scottish dance and music.

www.obangames.com

24th September: World Stone Skimming Championships 2017 on Easdale Island

Easdale Island is the smallest permanently inhabited island of the Inner Hebrides. It was once the centre of a thriving Scottish slate mining industry, and one of the disused quarries forms a perfect arena for the World Stone Skimming Championships.

The championships are held every year on the last Sunday in September. Anyone of any age and any level of skill can enter. Each competitor is allowed 3 skims using specially selected Easdale slate skimming stones.

For a skim to qualify the stone must bounce at least three times – it is then judged on the distance achieved before it sinks.

Registration for the championships takes place at Easdale Island Community Hall from 10.00am until 1.00pm on the day OR when we reach a total of 350 entrants. If you would like to compete just turn up as there are no qualifying rounds.

The competition starts at 12 noon – get down to the quarry side early to avoid the queues!

On the Saturday night before the event, come and warm up at the Pre-skim Party in Easdale Island Community Hall where there will be a licensed bar, live music, and where children are most welcome. For more information: www.stoneskimming.com



photo kindly provided by The Oban Times

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Community Celebration, 25th June 2017

A lone piper from the Kilmelford and Kilninver metropolitan and district pipe band played a welcome, outside Kilmelford Church, both to the sunshine and to start a cheerful mixture of music and songs for the summer celebration. Poems from Isabel and Fiona plus a thoughtful message from David McArthy contributed to a lively programme.

The good acoustics of the church enhanced the tunes from recorders, accordion, guitars, small pipes & keyboard with familiar songs from the Seil Island + Arduaine singers.

Sandy accompanied the grand finale of everyone singing 'Spirit of the mind' sung to the Skye boat song tune.

Thank you to everyone and if anyone would like to take part in the **Autumn Celebration** on **Sunday 8th October, 5 pm.** please contact **Krissie on 200706** or **Georgina on 01866 844212.**

All welcome to come & join in.

Georgina

Record your special day.

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Friends in High Places.

In November 2016 I travelled to Nepal with a group of friends. Between us we had raised over £6000 to help the families who lost their homes in the earthquakes of 2015. We trekked in Langtang and visited the family we support, and while we were there among other things we were able to buy shoes for our porters who had trekked in flip-flops, buy a sewing machine for a villager to allow her to set up a repair business, and pay for the yak farmer's cataract operations to save his sight. The yak farmer and one of his sons and his wife are still living under a plastic sheet, over two years after their house was destroyed by the earthquakes, so this year our mission is to raise £10,000 to pay for a new house for the family.

To help raise funds Bob and I will be running pop-up curry nights at Sarah's Café in Kilmelford – look out for dates on Facebook, and in the shop.

I am also raising funds by selling photographs from my trip, a photo-book, and personalised prayer flags to take back to the Himalayas later this year.

You can buy the photo book here: www.blurb.co.uk/b/7733857-friends-in-high-places

And donate for a prayer flag here: www.justgiving.com/crowdfunding/WeeFleckyPrayerFlags

Watch out on Facebook for dates when I will be showing my film of last year's trip locally too.

Thanks in advance for your support.

Mairi Fleck





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Local B&Bs and Self Catering Accommodations:

Garbhein: B&B in Kilmelford. 2 Double bedrooms, each with en-suite shower room and television. Lindsay & Susan Johnston 01852 200526 or 07747023038

Old Dairy Cottage: Self catering. Cosy accommodation in Kilmelford, sleeps two. From £250 p.w. Diane Scaife 01852 200208

West Barravullin: Self catering B&B. Double bed and double Sofa bed, kitchen/ sitting room. 01852 500602 or 07923389265 email: joannegladstone@gmail.com

The Glebe: 3 bedroomed holiday let in Kilmelford. email: honeytummy@hotmail.co.uk

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Kilmelford Healthy Villages Project

North Argyll Carers Centre and Argyll Third Sector Interface are working in partnership to bring people in rural Argyll together, to share knowledge, learn new things, and help reduce loneliness.

We meet on the third Thursday of the month in Kilmelford Village Hall: 10.30am – 12.00 noon

We aim to offer something different every month, and so far we have had a Reminiscence Quiz, a Film Show, 'Playlist for Life' music session, and a good old fashioned sing-song. All with tea and cakes.

Future groups will include a 'Zumba Gold' session, 'Healthy Eating' recipes and taster session, arts and crafts, more films, and a gentle exercise session.

It's your group – what would you like to do?

Contact Mairi on 01631 564422/07795434499, email: mairi@northargyllcarers.org.uk, and Maggie on 01631 564839/07570865429, email: maggie@argylltsi.org.uk

Have some fun with people you know, and people you don't know.

We look forward to seeing you there 😊

Knipoch Hotel By Oban, Argyll



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Church of Scotland

Services are held every alternate Sunday at 12 noon in Kilmelford and Kilninver Parish Churches to which all are welcome.

| | |
|-------------------------|-------------------|
| 30 th July | Kilmelford Church |
| 6 th August | Kilninver Church |
| 13 th August | Kilmelford Church |

etc.

Netherlorn Churches website: www.netherlornchurches.org.uk

Summer Services at Kilmelford and Kilninver Churches – “Becoming Disciples”

To talk of “discipleship” might sound to many today like a foreign language. It is not a term that comes up very often in every day chat. If we did stop to think about it we might be more inclined to think eclectically, shaping our lives on a “pick and mix” basis rather than thinking of ourselves as disciples following a master.

Somewhere in our cultural memory lies the knowledge that Jesus had disciples – people like Peter, Andrew, James and John. But that seems very far removed from the lives that we are living today.

At the same time, we are faced in a fresh way with questions about our human identity and purpose. Ecological crisis, economic uncertainty, political earthquakes – all these are posing profound questions. We are driven back to fundamental questions about what kind of society we want to live in and what kind of people we want to be.

To such questions Jesus speaks still with his call to discipleship – a call to “follow him”. When we say “yes”, we embark on a spiritual journey that will shape us into people who take Christ’s way in our actions, words, and attitudes. Discipleship commits us to disciplines of prayer, practices that shape our character and hearts, and to the cultivation of habits that give us strength and courage to live lives of love.

Through this inward re-shaping of our lives we are turned into agents of transformation. In a world in which injustice seems almost insuperable, where hatred and racism seem to thrive, where suffering is so widespread and terrifying, the costly path of discipleship is one that can make all the difference.

Summer services in Kilninver and Kilmelford churches will be all about “becoming disciples” – aiming to supply hope and direction in troubled times. As always, all welcome.

Kenneth Ross, Parish Minister

Kilmelford Church – Trial Church Heating Project

As all users of the church are aware in the past particularly in winter the environment was uncomfortable if not at times dire. In 2013 an opportunity arose to work with Historic Scotland (now Historic Environment Scotland) in an attempt to improve this situation by carrying out a trial heating project entirely funded by it.

This experimental project which commenced in 2013 has now been completed.

The project comprised three phases. The first to experiment with the effectiveness of different radiant panel heaters, the second to install the selected panels on the back of pews, on the underside of the balcony and on either side of the chancel and also install an Air Source Heat Pump. As part of this phase the electricity supply capacity to the church was increased to carry a significantly greater load.

These phases have been written up and published by Historic Scotland in Refurbishment Case Study 19.

The third phase which commenced in March of this year has been completed. This work has been carried out in an attempt to further improve the level of comfort in the church following the experience of last winter. It involved relocating the radiant heaters in the chancel, installing a further convector heater and installing tubular heaters in the sills below four windows. In an effort to diminish down draft hoppers were also installed to each of the high level through wall ventilators. To complete the project all the plasterwork to the walls has been repainted.

Each element of the scheme is controllable in an endeavour to provide an improved level of comfort for the congregation in relation to the outside temperatures and at the same time maintain affordable running costs.

The work has been carried out efficiently and effectively by Oban Electrical Services, Hamish Hoey & Son and Donald Hill & Son under the direction of Andrew MacOwan & Associates.

The success or otherwise of the project will not be known until the next winter has passed. Historic Environment Scotland plan to review the project later this year.

Thanks are due to Historic Scotland without whose generous grant and support the project could not have been carried out.

Peter Cross, 27th June 2017

Cuilfail Hotel

Take Away Menu

Available until 8.30pm

Mains

Prices valid to 31/8/17

| | |
|---------------------|----------|
| Haddock & Chips | £7.50 |
| Lasagne & Chips | £7.50 |
| Beef Burger & Chips | £8.00 |
| With Cheese | £1 extra |
| With Bacon | £1 extra |

| | |
|-------------------------|-------|
| Steak & Ale Pie & Chips | £8.50 |
| Chicken Curry, Rice | £7.50 |
| Macaroni Cheese & Chips | £6.50 |
| Scampi & Chips | £7.50 |
| Chicken Goujons & Chips | £7.50 |

Pizza 12"

| | |
|--------------------------------------|-------|
| Cheese & Tomato | £6.50 |
| Toppings: | |
| Ham, Salami, Tuna, Haggis | £1.70 |
| Mushroom, Peppers, onion & Pineapple | £1.30 |
| 12" Garlic Pizza, tomato & Garlic | £5.50 |

Sides

| | | | |
|--------------|-------|--------------------------|-------|
| Garlic Bread | £2.30 | Garlic Bread with Cheese | £3.20 |
| Onion Rings | £3.00 | Mushy Peas | £1.50 |
| Chips | £2.50 | Cheesy Chips | £3.40 |
| Side Salad | £2.50 | Rice | £2.50 |

Soft Drinks & Alcoholic Drinks
Please ask for availability at the bar

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Due to our alcohol licence

Under 18s must be accompanied by an adult



01852200274

KN Writing Competition Spring 2017 winner: Gill Philpotts with “Just a few hills”

Congratulations Gill and enjoy your prize! Thank you to all who entered the competition and thank you Waterstones Oban for sponsoring this competition. We would also like to thank Hester Ross for finding the time to read and judge the entries and for deciding on the winning entry. Each entrant's name was removed prior to judging.

KN team

Just a few Hills

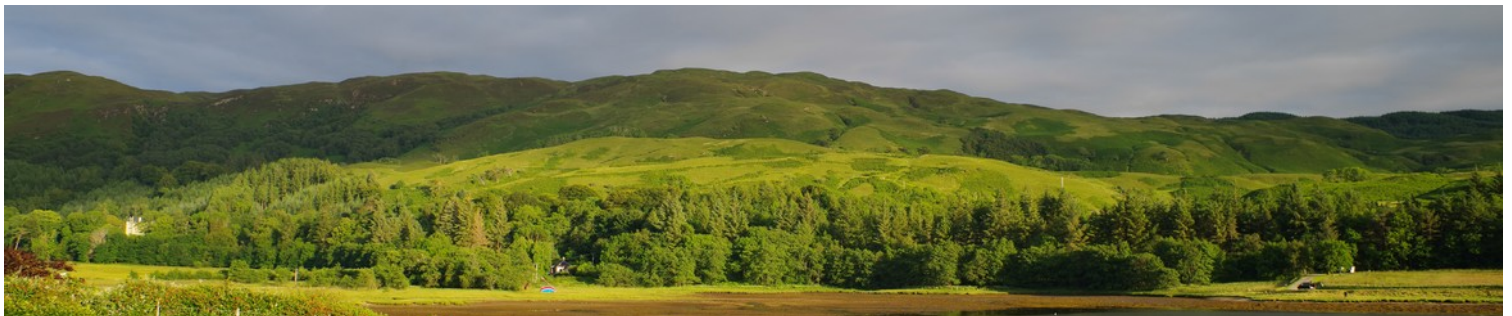
I love the seasonal changes in light and colour, water running through.
Sometime you get a babbling trickle, sometimes a gushing torrent
But there's always a solid backdrop to guard our precious land
People and nature make their mark but the hills are in command

In autumn there's an orangey glow and far from being sad
Trees offer fruits and berries to prepare us for the snow.
Winter isn't gloomy but yes it can be cold
But a little bit of winter sun and our hills can look like gold.

When treetops start to show pinky crowns with first snowdrops peeking out.
Days begins to stretch out a bit and the light is brighter somehow
The hills start to look excited as spring promises all that's new.
Fresh green grass and catkins with primroses poking through.

The summer hills celebrate with flowers, animals and colour
Things to see, things to eat and birdsong to fill the heart
Sometimes I find myself just gazing out and gasping at the view
Forget your pills and potions our hills are good for you.

Gill Philpotts





Glenmore Hill - Potential for Community Buy-out?

Glenmore Hill between Kames and Kilmelford could soon be covered in forestry trees. Forming a Kilmelford Community Company might allow us to access the funds to buy it from current owners, the Forestry Commission: We could then decide what we would like to do with it.

Jane Rentoul, David Wilkie, Stuart Cannon and Roanna Clark will be in touch with you in the near future to give more information and gauge your opinion and hopefully support.

Stuart Cannon Tel. 01852 200 286: email stuartcannon@kames.co.uk

Roanna Clark Tel. 01852 200 268: email roanna22@hotmail.com

Jane Rentoul Tel. 01852 200 331: email j.rentoul@btinternet.com

David Wilkie Tel. 01852 200256: email ardrowan@yahoo.co.uk



Glenmore hill photos kindly provided by Alex Tweedly

Kames Bay Garden, Kilmelford, Oban PA34 4XA

Thank you so much to everyone who supported our garden opening on 6th & 7th May for Scottish Gardens Scheme. We were very fortunate to have perfect weather – dry & sunny all weekend. The garden was extremely colourful with countless, vibrant rhododendrons and azaleas in full bloom, and we were delighted to welcome many visitors from near and far, raising a good sum of money for charity. We are especially grateful to our friends and neighbours who baked, manned the plant stall, organised parking and served teas.

Stuart Cannon

Maolachy Garden

Writing on the day after midsummer's day and looking out onto gusting heavy rain showers I am wondering what season are we in? Did we have our annual share of sunshine in May and might we be lucky to have an Indian summer in September like last year?

The cool easterly breezes in May accompanied by bright sunlight brought some rhodies and azaleas into flower early but at the same time perennials like iris and primulas held on to their usual course.

Decisions on when to open a garden in Scotland's Garden Scheme have to be made in September the year before so I spend the early spring days in conversation with the shrubs and plants either encouraging them to get blooming or requesting them not to be in such a rush. Despite the fickle spring and over-wet June every perennial and shrub has been keen to do its best with masses of blooms and buds still to come. So many have overlapped and given delightful contrasts like the pure white Abutilon mixing in to the Moyseii rose geranium. Multicoloured primulas enjoying the company of yellow, black, blue and white iris. The masses of buds on a variety of roses rewarding the effort of barrowing bags of muck round to feed early in the year. The leaves of the roses looking healthier after my efforts to spray against rust and mildew.

The snowdrops have had some assistance in spreading with dividing clumps and planting out into new areas.

A promise to myself this year in to carry secateurs at all times and cut back stems after flowering to help strengthen perennials for the following winter and to label the colours of the iris and primulas.

Many grateful thanks to the friends who helped on open days with teas and plants stall etc. and to everyone who came up on 27th and 28th May or have made an arrangement to come at other times. Summer visitors welcome, please phone 01866 844213

Georgina Dalton

There will be plants for sale at the Annual Parish Lunch on Wednesday the 4th October at Kilmelford Village Hall. Come along and buy some for your garden to enjoy for many years!

Loch Melfort Hotel

COUNTRY HOUSE BY THE SEA

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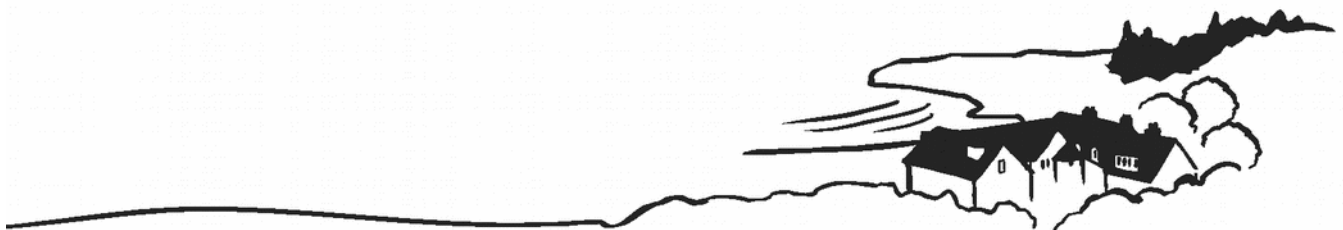
LUNCH 12pm - 2:30pm

DINNER 6pm - 9pm

ALL DAY MENU 10am - 10pm

OUR FAMOUS MUSIC NIGHTS

take place as usual every 1st and 3rd
Friday of the month from 9:30pm





Kilmartin Museum

Redevelopment

For twenty years, Kilmartin Museum has been collecting, conserving and revealing the stories of Kilmartin Glen and the artefacts found here. Our collection now includes treasures from all corners of Argyll, unfortunately many more than can be displayed in the current Museum Gallery. We need your support to help us raise the last £1.5million of our exciting Redevelopment Project, and invite you to be part of this adventure. Find out more at www.kilmartin.org/redevelopment, or contact us at the Museum.

Guided Walks

Every Wednesday until the end of October: Guided Walk of Kilmartin Glen

Meet at the museum at 1.30pm

Meet at the Museum reception before 1.30pm – no need to pre-book, though places are limited. The walk lasts approximately two and a half hours and is free (donations welcome). Sorry no dogs.

Events

20/20 A Clear Vision for the Future

1st July – 18th August 2017

An exhibition celebrating the Museum's 20th Anniversary and the creative excellence of local artists.

On display in the Museum Café during opening hours. A percentage of the sale of any artwork will go towards Kilmartin Museum's Redevelopment Project.

Highland Archaeology Festival

30th September – 15th October

We will be participating in the festival including our guided walks and Bronze Age pottery workshops. The Benderloch Urn, on display in the museum gallery, will feature as one of the objects on the Festival Object Trail where there is a prize for visiting the most objects!

Bronze Age Pottery: Thursday 5th October 2017

Discover more about Bronze Age Pottery and create your own pot to take home.

Suitable for all the family, under 16's need to be accompanied by an adult.

£1.00 charge for materials.

For further details and information see www.kilmartin.org for booking contact:

education@kilmartin.org or 01546 510278

Kilmartin Museum Café and Shop

Our café is open with a delicious menu and a mouth-watering range of home baked cakes. Whilst our shop is stocked with a great selection of books and a wide selection of gift ideas, the perfect place to find something special!

Email: admin@kilmartin.org Telephone: 01546 510278

Website: www.kilmartin.org

Find us on Facebook, Twitter and Instagram

KILNINVER AND KILMELFORD COMMUNITY COUNCIL

All meetings are held at **Kilmelford Village Hall** at **8.p.m.** and of course all members of the public are very welcome to attend.

KKCC meetings this year: 8th August: 10th October: 12th December

Agenda and approved minutes of previous meeting are published on www.kilmelford.com Minutes are also available on noticeboards at Kilninver and at the Shop and Hall in Kilmelford and 2 printed copies are left at Kilmelford Village Shop.

Committee Members

| | | |
|----------------|----------------------------|-----------------------------|
| Nigel Mitchell | Chairman | Nigel@themitchells.co.uk |
| Stuart Cannon | Vice Chairman Treasurer | stuartcannon@kames.co.uk |
| Toni Mitchell | Secretary | toni@themitchells.co.uk |
| Jane Rentoul | Minutes Secretary | j.rentoul@btinternet.com |
| Colin Clark | | colinclair11@btinternet.com |
| Roanna Clark | | roanna22@hotmail.com |
| Jamie McAndrew | | jamiemcandrew@kames.co.uk |
| David Wilkie | | ardrowan@yahoo.co.uk |

Young Scot Awards points for attending KKCC meetings

Kilninver and Kilmelford Community Council have become one of the first to offer Young Scot Reward points to cardholders for attending their meetings, so if you would like to earn 100 points, make sure and come along to the next meeting.

For more information on Rewards and how to sign up, visit rewards.youngscot.org or contact Roanna.clark@argyll-bute.gov.uk

Speeding in Kilmelford

The Roads Department of Argyll & Bute Council has arranged to have a flashing sign installed on a temporary basis in Kilmelford and this will be in place by July/August. If its presence is deemed successful the Community Council could seek funding of £2000/£3000 for a permanent installation.



Adopt a Kiosk

Following on from the article in the Christmas Newsletter, it is great to be able to announce that finally, after much chasing up, a contract has been signed and sent off to BT, along with a very large cheque for £1, which allows Kilmelford – through the good offices of Kilninver and Kilmelford Community Council – to formally adopt the kiosk on the main road in the village. With thanks to Shelagh Cannon for sorting out the contract and to Elaine Robertson for donating the £1.

The phone apparatus and shelving will be removed but electricity will continue to be provided and paid for by BT for the next 4-5 years when they will ask if the power is still required. The community will be responsible for its upkeep, lighting, glass panels and general state of repair.

As yet there are no firm plans for usage and everyone is encouraged to make suggestions and pop them in the box in Kilmelford shop. Throughout the UK there have been various uses made of redundant kiosks. We might like to consider the following Scottish ones: Scotland's smallest library in Kinnesswood, Kinross-shire: garden shed/toolbox, Isle of Skye: cake shop at Cladich and finally the log store in the garden of house beside main road at Kilmartin. Come on, Kilmelford, get your thinking caps on!

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fionafraser2@hotmail.co.uk

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Broadband Coverage For Kilmelford

At the June meeting of Kilninver and Kilmelford Community Council the issue of poor broadband coverage in the Kilmelford exchange area was raised, particularly for those with an exchange-only line or at a distance from the exchange who will never be able to receive even a standard broadband service over existing ADSL telephone lines until the fibre capability of the Kilmelford exchange and line bandwidths are improved.

Discussion on the issue highlighted the fact that it appears any technical solution for improving the existing set-up at the Kilmelford exchange or a full upgrade of the exchange itself is some years away, and no forecast is posted on the Digital Broadband Scotland/HIE web site. The surrounding exchange areas have benefited from access to the upgraded BT network based around Oban or by access to the Gigaplan programme and/or Vodafone's wireless technology. However, the Kilmelford exchange area, which is only 15 miles from Oban, is not included in these programmes and other local alternative options, such as the line-of-sight network provided by Craine Communications, have yet to achieve the investment in infrastructure that will be required. A satellite service may be possible for some locations, but for most people this is prohibitively expensive.

It was also pointed out in discussion that under the Digital Broadband Scotland programme, if a community is outside the scope of the existing plans then it is probably unlikely that next generation broadband will be provided within that community's exchange area within the current phase of the programme. Furthermore, The Highlands and Islands and Rest of Scotland programmes, which have been developed to supplement the Digital Broadband Scotland initiative to "fill in the gaps" in rural areas, will not necessarily improve all those areas which currently have no or very low broadband speeds. Kilmelford is not listed in these programmes either, therefore it appears that for the foreseeable future any improvements to the Kilmelford exchange area are on hold.

The Kilmelford exchange area therefore remains a "not-spot" for better broadband provided by the BT Openreach network. Alternative broadband services that are available in many surrounding exchange areas are not yet established or easily provided in the Kilmelford area.

It was agreed at the meeting that the Community Council would write to Argyll and Bute Council to seek clarification as to when the appropriate technical solution will be implemented at the Kilmelford exchange which will provide at least a minimum standard of fast broadband to all subscribers served by the Kilmelford exchange.

Fergus Gillanders

Our Nan is now wheelchair bound .

**Loves to visit, but there is no
bedroom on the ground.**

For us there is no problem here.

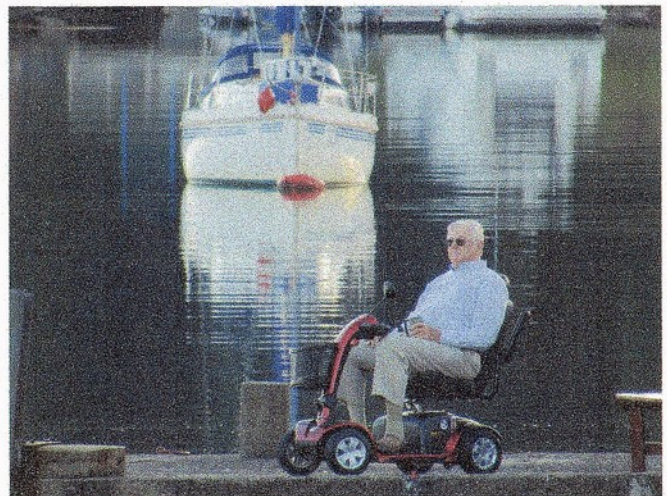
We book a house at Melfort Pier !



Uncle Bill, from Stirling gets his wish.

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we have the house for
you here,
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and leave a message**

Defibrillators

The defibrillators are in place outside Kilniver School and Kilmelford Village Hall and at Kames Fish Farm, the latter – although installed inside – is accessible 24/7. Regarding training, since we have three machines we qualify for a training session for each. Those who have volunteered in the Kilniver area (responding to phone request) and those on list in Kilmelford Shop will be contacted once dates and places have been fixed. Having three opportunities for this will hopefully allow everyone to attend. It is perhaps worth noting that recently a man's life was saved in Tighnabruaich through a complete novice following the instructions on a defibrillator. Our defibrillators have been donated by an anonymous donor, along with contribution from the former Newsletter team and the Community Council, a second by Kilchoan Estate Management and a third by Kames Fish Farming. We can count ourselves fortunate to have these machines at our disposal and thanks go to Colin Clark who assisted with the installation at Kilmelford and to Stuart and Shelagh Cannon who have gone through the somewhat laborious process for many months in securing these for the community.

Jane Rentoul

ARGYLL AND BUTE YOUNG SCOT REWARDS

Young Scot Rewards is an innovative platform designed to encourage young people in Scotland to participate in positive activities by offering points which can then be used to unlock rewards.

Young Scot builds on the success of the Young Scot National Entitlement Card (NEC), which offers young people access to a wide range of benefits, including discounts in Scotland and Europe, concessionary travel, cashless catering in schools and the ability to prove their age through the inclusion of the Proof of Age Standards Scheme (PASS) hologram.

With around 425,000 Young Scot National Entitlement (NEC) cardholders aged 11-26, Young Scot Rewards has the potential to have considerable positive impact on young people in Scotland.

Young people engage with rewards by...

- Getting involved in positive activities...such as healthy eating, exercise, volunteering, recycling, informal learning, having their say on issues that affect them and lots more.
- Earning points by participating in a number of different ways, including doing activities online, collecting voucher codes at activities and by swiping their Young Scot card.
- Redeeming rewards based on the number of points they've accumulated. Points, achievements and rewards are managed through the Young Scot website (www.youngscot.org/rewards).

Kilniver and Kilmelford Community Council have become one of the first to offer Young Scot Reward points to cardholders for attending their meetings, so if you would like to earn 100 points, make sure and come along to the next meeting.

For more information on Rewards and how to sign up, visit rewards.youngscot.org or contact Roanna.clark@argyll-bute.gov.uk

Roanna Clark

Argyll and Bute Youth Participation Officer

Argyll and Bute Council

Phone: 01546 60 4752

Mobile:07786855733



www.youngscot.org/argyllandbute

www.argyll-bute.gov.uk

Realising Our Potential Together

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Thursday – Monday

11.30-14.00

17.00-22.30

Booking Advisable – 01852 200345 alternatively email: showerofherring@gmail.com

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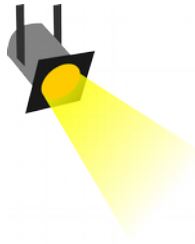
Free Car Park

We hold on/off alcohol license

Outdoor seating with spectacular views

We have long established reputation for hosting a range of private functions from christenings and funerals to birthday parties.

Throughout your event our focus is on making your day special-welcoming your guests, ensuring attention to every detail and providing excellent catering. We do not charge room hire for the use of our restaurant – even for small parties. Our buffet menu is available 7 days of the week and the minimum booking number is 12.



In The Spotlight

“Chopper movements over Kilmelford to Loch Melfort” What are they doing?

These choppers are moving salmon smolts from the hill lochs at Loch Avich, Losgann Mor and Loch Tralaig to a well boat that then takes them on a very scenic journey to Skye or Shetland.

The fish are approximately a year old, approximately 50-100gms in size. They are hatched from eyed ova to 20-40gms at a hatchery near Clachan 11 miles south of Tarbert, and Kames collects them between July and October to put in the lochs. We grow them on MSC certificated food, which is now mainly vegetable growth proteins and oils. We grade them into sizes and then vaccinate them to protect them from diseases so we never have to use any antibiotics throughout their life time.

They naturally smolt, a physiological and morphological change to prepare them to go to sea. This happens twice a year, September-October and February-April.

We use a helicopter, which sounds extravagant, but is in fact only slightly more expensive than using a lorry and tanks. It is also better for the fish, less stress, it is very quick and we do not damage the local roads.

Many locals ask me, what they are doing and find it fascinating. Certainly, the pilots are very skilled, but sometimes the weather frustrates them and us when it is too windy or low cloud. I hope it does not upset many people. Thank you for your forbearance of it if it does, the whole operation employs two local people full time, and one part-time.

Stuart Cannon
Kames Fish Farming

Kilmelford Skiff

We are looking to form a new committee who are enthusiastic and able to:

- meet at least 4 times per year (plus AGM)
- fundraise + engage the local community
- organise rowing / cox
- upkeep + maintain the skiff & sundries

In the first instance please contact Sarah on 200555 or by email: honeytummy@hotmail.co.uk



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past village hall

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Therapy Centre, Lochgilphead.



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Stamp Appeal 2017

The money raised with the sale of stamps is a vital contribution to funding projects.

The Stamp Appeal 2017 will raise funds to supply the Presbyterian Church of South Sudan (PCOSS) with much needed resources. The Giffen Institute of Theology (GIT) has relocated to Kakuma, a refugee camp in Kenya, after violence erupted in South Sudan. Their library was burnt to the ground. This year's stamp appeal will raise funds to supply the Presbyterian Church of South Sudan (PCOSS) with the resources needed to get up and running again.

GIT provides students with the training needed for ministry with the PCOSS. It was established in 1974 by the PCOSS, and was their first theological training college. It continues to play a significant role in training people for the ministry, as 75% of PCOSS' ministers were trained at the institute.

Please cut stamps off envelopes with 3 mm border and give them to Georgina Dalton, Mary Clark or leave them at the shop. Thank you

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ARDUAINE
 BADMINTON
 BOAT YARD
 COFFEE MORNING
 CUILFAIL HOTEL
 FISHING
 GLENMORE
 KAMES

KILMELFORD
 KILNINVER
 MELFORT
 MELFORT HOTEL
 MELFORT VILLAGE
 NEWSLETTER
 OPEN GARDENS
 PLAY GROUP

SCAMMADALE
 SEIL
 SHEEP
 SHOWER OF HERRING
 SKIFF
 VILLAGE HALL
 VILLAGE SHOP

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Sudoku medium

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“Communities defeat terrorism”

With recent events in London and Manchester still fresh in our thoughts it is worth noting that the threat to the country is still classed as SEVERE.

This means that "an attack is highly likely" - does that mean Kilmelford and the surrounding area ?????? Hopefully no and let's put this in perspective. So far Scotland has had four attacks including Glasgow airport against London's 117 (possibly more since I compiled these figures.)

So how does this affect my community?

Islamist extremists still pose a significant terrorist threat to the UK, and to UK interests and nationals abroad. British Islamist extremists still travel out to South Asia, the Arabian Peninsula and other theatres to try to obtain terrorist training.

Terrorist groups in parts of Africa also pose persistent threats.

The majority of terrorist attack plots in this country have been planned by British residents. There are several thousand individuals in the UK who support violent extremism or are engaged in Islamist extremist activity.

British nationals who have fought for extremist groups in Syria continue to return to the UK, increasing the risk of terrorist attacks. Using skills acquired overseas, they may organize attacks under direction from Syria or on their own initiative, or they might radicalize others to do so. While the majority of returners will not mount attacks in the UK, the large numbers involved mean it is likely that at least some of them will.

It is a known fact that rural parts of Scotland and the islands have been used for training purposes in the past utilizing self-catering facilities and boarding facilities in rural out of the way places i.e. large farmhouse and hostels were they take over the whole accommodation.

Where the communities become involved is the people who live here all the time if they see something that is not right then usually it isn't and when that is the case please do not feel awkward or embarrassed or think they will laugh at me please please report it.

Even if it is done anonymously call 101 or crime stoppers on 0800 555 111 or 0800 789 321 (Action Against Terrorism) or even 999 they will soon redirect you.

MAKE NOTHING HAPPEN

You can help police keep communities safe by reporting your concerns about suspicious activity on 0800 789 321. Your call could save lives. Don't worry about wasting our time or getting someone into trouble. Let us decide if the information is important. What you tell us is treated in the strictest confidence and is thoroughly researched by experienced officers before, and if, any police action is taken. No call or click will be ignored.

Be aware of what is going on around you – of anything that strikes you as different or unusual, or anyone that you feel is acting suspiciously – it could be someone you know or even someone or something you notice when you are out and about that doesn't feel quite right.

Examples of suspicious activity could include someone who:

- appears to be carrying out surveillance: taking photos of security arrangements for example:
- has firearms or other weapons or has shown an interest in getting them:
- is visiting the dark web, or ordering unusual items online:
- has bought or hired a vehicle in suspicious circumstances:
- has bought or stored large amounts of chemicals, fertiliser or gas cylinders for no obvious reasons, or is researching acquiring these items:
- has undergone an extreme and unexplained change in their behaviour:
- is carrying out suspicious transactions on their bank account:
- holds passports or other documents in different names for no obvious reason:
- travels for long periods of time, but is vague about where they're going.

Remember – in an emergency always dial 999. If you see something that concerns you, ACT. Action Counters Terrorism.

Received from Jeremy Moore, PC L342, Oban community police



BE ALERT, NOT ALARMED

An unattended item in a public place might constitute a threat but it may simply be an item of lost property. Don't leave this to chance, report this and allow trained staff to deal with it.

Terrorist firearms and weapons attacks have featured prominently in the press over the last few years. In such circumstances it is vital to know what action you should take to 'Stay Safe'.

Please take the time to view the **RUN HIDE TELL** video on YouTube or through the following

Police website: www.npcc.police.uk

Police Scotland and our emergency service colleagues, through the Scottish Business Resilience Centre (SBRC) continue to strengthen our strong relationship with our business communities.

Police Scotland and SBRC deliver nationally accredited counter terrorism training to businesses to help keep our business community safe. For more information see the SBRC website:

www.sbrcentre.co.uk



Project Servator is a national police initiative to disrupt a broad spectrum of criminal activity through the visible deployments of police officers, other police assets and the engagement of the community.

What you will see

A highly visible police presence that will turn up unannounced in locations across Scotland. These deployments will be unpredictable in timing, duration and the type of police assets used. For example, they could appear in your area tomorrow morning and include either one or a combination of police resources including dogs, horses, vehicles, plain clothes officers and other police assets.

- These are normal police operations designed to deter and detect criminals.
- Regular, focussed, highly visible operations can occur anywhere in Scotland at any time. Don't be surprised if you see one unexpectedly.
- Officers will visit shopping centres and transport hubs to engage with you to inform and reassure public and staff about the operation.

To request this information in other languages or formats, contact the following:

Safer Communities, Equality and Diversity,
Scottish Crime Campus, Craginethan Drive,
Gartcosh G69 8AE

Email: DiversityUnit@scotland.pnn.police.uk

Telephone: **101**

To find out more visit www.scotland.police.uk

www.nactso.gov.uk and www.cpni.gov.uk

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Your call could **save lives**

 scotland.police.uk  [@PoliceScotland](https://twitter.com/PoliceScotland)  [PoliceScotland](https://www.facebook.com/PoliceScotland)

2169-17 pm



Counter Terrorism Awareness

The recent Police Scotland “Your View Counts” public consultation survey revealed that the public identified Terrorism as their greatest concern.

Police Scotland forms part of the United Kingdom Police and Security Services Counter Terrorism network, working tirelessly to counter the threat from terrorism and keep you safe.



Help and guidance

Military and security experts in the UK have developed an App called CitizenAID, which offers the public a step-by-step guide on how to improve public resilience and respond in the event of a terrorist attack.

We encourage you to download this App to your mobile phone or tablet device.

Why ACT – How YOU can help

You will be aware of recent terrorist incidents in the UK, across Europe and the rest of the world. This highlights the need for us to continue to work together and benefit from our strong community links in keeping each other safe.

The police, security and intelligence agencies depend on information from the public. By being situationally aware you can help keep yourself: your family: your work colleagues and your local community safe, by identifying **AND** taking action to report suspicious behaviour. This can be in confidence if you prefer.

You may see or hear something that could be that vital piece of information needed to stop a terrorist attack. Don't be afraid to report your suspicions.

Recent events clearly demonstrate that an attack could happen at any time or place without warning.

The current threat to the UK from International Terrorism is **SEVERE**, which means an attack is highly likely.

For more information please see the MI5 website: www.mi5.gov.uk/threat-levels

Working Together

By working together with the police, staying alert and thinking about your safety and security, you can make it harder for terrorists to plan or carry out an attack.

Be in no doubt YOU have a vital role to play in defeating terrorism by being vigilant and reporting anything suspicious **IMMEDIATELY** by calling the Anti Terrorist Hotline on **0800 789 321** or by calling Police Scotland at **101** or **999** in an emergency. Do not assume that others have reported it already or that because others are not reporting this activity, that it is not suspicious. If it doesn't feel right to **YOU**, report it.

COMMUNITIES DEFEAT TERRORISM

WORKING TOGETHER

If you see or hear something that could be terrorist related, act on your instincts and call the police, in confidence, on **0800 789 321** or visit gov.uk/ACT



ACT ACTION
COUNTERS
TERRORISM

RECIPES

PUMPKIN SOUP

This is a lovely Nordic soup for Autumn and simple and quick to make. The pumpkin can be substituted by sweet potatoes or any other root vegetable, if attempting to make before the shops are overflowing with pumpkins in the run up to Halloween. If you can lay hands on a Hokkaido pumpkin it will give a slightly sweeter flavour. Freezes well.

Serves 4

500g Pumpkin or Butternut Squash, 4 large potatoes

3 cloves garlic, 2 onions

2 tsp fresh thyme leaves, 1 green chilli chopped

2 cans coconut milk, 300ml water, 2 tbsp lemon juice

Salt and black pepper

Peel and roughly cut vegetables. Fry lightly in olive oil with thyme and chilli. Add coconut milk and water and simmer 30 – 45 minutes. Blend the soup and add lemon juice and salt and pepper to taste.

Ester Luce

RHUBARB WITH GINGER–SPICED MERINGUE

Sharp rhubarb goes well with the sweet, marshmallow taste of meringue. Fresh ginger elevates it to a different level altogether. You can use any fruit in this recipe – apples, quinces and tart fruits work best. Serve with a little crème fraîche or yoghurt.

Serves 4

1 kg rhubarb, cut into chunks

3 ½ tablespoons light brown sugar

3 egg whites

180 grams caster sugar

2 cm piece of fresh ginger, finely grated

a large ovenproof dish, buttered

Put the rhubarb in the dish and toss with the light brown sugar. Roast in preheated oven at 220 C (425 F) for 20 – 30 minutes until the rhubarb is softened.

Reduce the oven temperature to 180 C (350 F). Put the egg whites into a bowl and whisk until stiff. Whisk in the caster sugar, a spoonful at a time, then whisk in the ginger. Spread the meringue over the cooked rhubarb and bake in the oven for 20 minutes until barely crisp and golden on top. Serve immediately.

When tea isn't tea

When we had just moved from The Netherlands to Kilmelford a friend phoned and asked us over for tea, expecting us at half 7. Obviously we were delighted to be invited but also a bit flabbergasted as to the time....in our eyes a weird time to ask somebody to come for tea. So we forced ourselves to have an early dinner and set off at 6 pm for the half hour drive to our friend's house, hoping she would have coffee on offer too....to find out that she was in the bath, calling through the open window that we were an hour early! Embarrassed we let ourselves in, to see the table set for dinner....lovely smells coming from the kitchen...obviously dinner was on the go in there. Totally confused we of course soon realised that half 7 doesn't translate into the Dutch "half 7" but into what we call "half 8"...and we very soon learned that "tea" isn't always "tea" either! By the time we had explained our mistakes in translating her invitation, laughed a lot and had a cup of coffee we were able to eat another dinner (glad that we had not stuffed ourselves completely before we set off at 6)...followed by a pot of tea and in the years afterwards we had plenty of laughs still about our early arrival at the hostess's house to find her soaking in the bath.

We will not be the only Dutch people turning up an hour early for appointments, nor the only ones to expect tea (and hoping to be offered coffee!) instead of dinner.

Astrid

Here is a Punch Recipe to use at your next get together.....

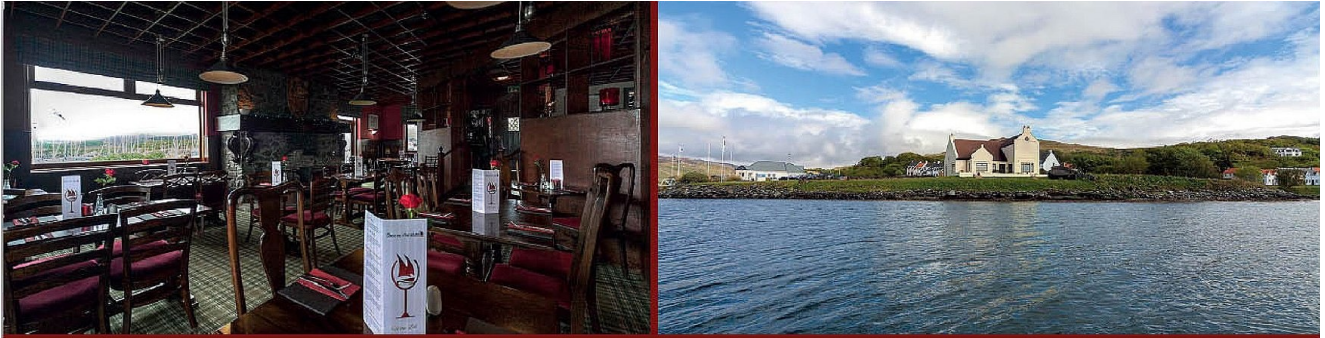
Pineapple Orange Punch

- 1 bottle Orange Pulp Free Juice
- 4 small cartons Pineapple Juice
- 1 bottle or large carton White Grape Juice **or** 1 bottle White Wine
- 1 bottle Lemonade 2L

Keep all ingredients in the fridge, and when ready to use mix together in a large bowl to serve.

Enjoy!





the LORD OF THE ISLES

Stunning views overlooking Craobh Marina, the Corryvreckan Whirlpool and the surrounding islands with arguably the finest sunsets on the West coast.

Lord of the Isles bar, restaurant & stores is located in the beautiful little village of Craobh Haven just in-between Oban and Lochgilphead. We are open for lunch and dinner 7 days a week and have the enviable reputation for offering a scrumptious menu incorporating fresh shellfish, prime meats, extensive vegetarian options and gluten free desserts.

FRIENDLY, KNOWLEDGEABLE AND HELPFUL STAFF

REAL ALES ON TAP

FINE MALT WHISKY SELECTION

EXTENSIVE WINE LIST

CHILDREN'S MENU AVAILABLE

DOG FRIENDLY

LIVE MUSIC AND ENTERTAINMENT

LIVE FOOTBALL, RUGBY AND TENNIS WITH BTSPORTS

POOL TABLE AND MORE!

Adjoining village store for all your shopping essentials.

Free function room hire available, call 01852 500 658 for more info.

Find out more by visiting www.lordoftheisles.co.uk or visit us on Facebook.



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Kilmelford Village Hall
KILMELFORD & KILNINVER COMMUNITY ASSOCIATION

Chair: Astrid van der Kraan | Vice Chair: Ruth MacCowan | Secretary: Diane Scaife | Treasurer: Carla Banham

Committee Members: Matthew Anderson | Maggie Morsley | Elaine Mitchell | Jean Bowman

School Representative: Sarah Edwards | Caretaker: Colin Gibson 01852 200204

Bookings + heating cards: Kilmelford Village Shop 01852 200271

The Kilmelford Village Hall is organized by the Kilmelford & Kilniver Community SCIO (Scottish Charitable Incorporated Organisation). The minutes of the meetings of the Association, the constitution and the code of conduct as well as all other information regarding the Village Hall can be found on www.kilmelford.com For a copy of the (draft) AGM minutes or Chair Report please contact Diane Scaife: 01852 200208

The Kilmelford Village Hall holds a number of events and regular activities to which everybody is welcome (see "What is on in and around..." at beginning of this newsletter or check calendar page on the local website) There is a squash court, lesser hall, main hall with stage and balcony, suitable for indoor sports, dances, meetings etc. Well equipped kitchen, tables, chairs, sporting equipment, toilets / showers. Wheel chair friendly.

KILMELFORD & KILNINVER VILLAGE HALL CHARGES

SPORTS

| | |
|-----------------------------------|-------------------------------|
| Squash and Badminton | £5.00 per hour all categories |
| Junior football and indoor tennis | £5.00 per hour |

HIRE CHARGES

LESSER HALL

MAIN HALL

| | | |
|--|--|--|
| Charities and regular groups (non profit-making) | £2.00 per hour | £5.00 per hour |
| Social use, children's parties | £4.00 per hour | £7.00 per hour |
| Profit-making tuition | £6.00 per hour | £9.00 per hour |
| Commercial use | £10.00 per hour £15.00 minimum charge | £20.00 per hour £25.00 minimum charge |

| | | |
|--|-----------------------------|--------------------------|
| Evening functions 17.00- 01.00 (non profit-making) | use of both halls & kitchen | £95.00 (deposit £50.00) |
| Evening functions 17.00 -01.00 (profit-making enterprises) | use of both halls & kitchen | £120.00 (deposit £50.00) |
| Wedding hire all day & evening | use of both halls & kitchen | £200.00 (deposit £50.00) |

After use the Hall must be left clean & tidy. Failure to do so will lead to loss of deposit.

HEATING CARDS FOR MAIN & LESSER HALL - £1.50 each

OTHER USEFUL INFORMATION

Easdale Medical Practice: The Surgery, Clachan, Seil, **01852 300223**

www.easdalemedicalpractice.scot.nhs.uk

Consultations: Mondays & Wednesdays: 9.30 - 10.30 am & 4.00 - 5.00 pm

Tuesdays & Thursdays: 9.30 - 10.30 am

Fridays: 8.30 - 10.30 am & 3.30 – 4.30 pm

Late appointments possible on Monday and Wednesday at 6pm, please phone
The surgery is open from 9 am till 12.30 pm Monday – Friday and 2 pm till 5 pm (except Thursday)
to receive phone calls and to dispense medicines.

Lorn Medical Centre Oban: Soroba Road, Oban, **01631 563175**

www.lornmedicalcentre.co.uk

Opening hours: Monday – Friday 8.00 am – 6.00 pm

Out-of-Hours Medical Service: call NHS 24 on **111**

Emergency: call **999** (Chest pains and / or shortness of breath constitute an emergency)

Vets Oban: 13 Tweeddale Street, Oban, **01631 562876**

Vets Lochgilphead: Manse Brae, Lochgilphead, **01546 602240**

Power Cut: call **105** to report or get information about a power cut in your area

LIONS MESSAGE IN A BOTTLE

This is a voluntary scheme for anyone living at home who might be reassured to know that essential information would be readily available to the Emergency Services, should they suffer an accident or sudden illness. The scheme ensures that vital information is available not only to identify you, but to advise of relevant illnesses, allergies, medication and contact addresses. When emergency services see medical information and personal details of a patient they can render safer and speedier First Aid by short cutting time-consuming fact-finding enquiries about the patient. A separate form should be filled in for each person concerned.

The information is held inside a small plastic bottle and kept in the fridge door. This is flagged up by strategically placed small labels inside front door and on fridge outer door which allows the emergency services to have speedy access to the helpful information.

Bottles are available from Kilmelford Shop or from Jane Rentoul 01852 200331



KILMELFORD VILLAGE STORE

OPENING HOURS:

MON TO SAT 9 AM UNTIL 5.30 PM

SUNDAY 10 AM UNTIL 3 PM

Post Office and ATM

Mull cheeses, locally produced baking,
preserves and vegetables - Wines, spirits,
Loch Fyne ales, everyday groceries,
confectionary and local crafts



Room at the Top Café & Takeaway

Licensed.

Opening hours

Tuesday to Saturday 10am to 4pm

Sunday 11 am to 3pm

Closed on Monday

Dogs Welcome

FREE Wi-Fi



KILMELFORD VILLAGE STORE TEL: 01852 200271

Email: honeytummy@hotmail.co.uk